

**Peek at Our Week**

**Skill Streaming Focus: Following Directions**

**Character Kids: Keisha – Responsible**

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| **Florida Early Learning and Developmental Standards** | **School Activity** | **Home Extension Activity** |
| **Religious Focus: Creation – Day Five**   * “Let there be creatures in the sky and sea.” | This is an example of what the children will be creating. . | Take a virtual field trip to an aquarium or aviary.  The Shedd Aquarium website is fun to explore. |
| **Approaches To Learning**   * Shows increased eagerness and curiosity as a learner | The children will have the opportunity to explore a few different sensory bins this week: coarse sand, water, and Kinetic sand. Each bin is currently ocean themed and focuses on improving fine motor skills and exercising their imagination. | Sensory bins are easy to make and provide great experiences for your child. Use any shallow container, a box, plastic bin, or metal baking pan. Fill it about halfway with rice, sand, water, pasta, pompoms, ect. Add a small amount of any other small objects to the bin such as, pasta, magnetic letters, plastic animals or jewels to the containers. Give your child some small containers, tweezer/tongs, measuring spoons and let them discover and explore. Use your imagination when setting up sensory bins, there is no right or wrong way of doing it. |
| **Mathematical Thinking**   * Begins to demonstrate an understanding of basic spatial directions through songs, finger plays and games | **Children’s Yoga**  In our Music and Movement Center different yoga poses are displayed. This week we will practice doing these poses during Center Time | Your child can do yoga on a day when it is just too hot or rainy to go outside. Cosmic Kids Yoga on YouTube or YouTube Kids is age appropriate.  Practicing yoga poses helps a child gain awareness of their body in space, strengthens and stretches their muscles and creates/maintains flexibility. It also allows them to practice following oral/visual directions. |