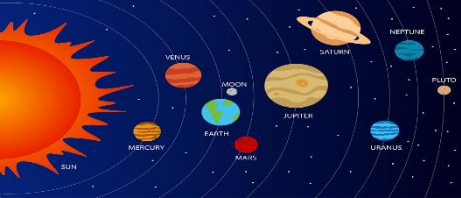



Standards	Activity	Home Extension
<p><b>I. Physical Development B. MOTOR DEVELOPMENT</b> b. Gross Motor Perception (Sensorimotor) 1. Uses perceptual information to guide motions and interactions with objects and other people Benchmark a. Begins to act and move with purpose and recognizes differences in direction, distance and location Benchmark b. Demonstrates awareness of own body in relation to others</p>	<p><b>Orbit around the Sun</b>- Outside in a large area, the class will recreate how the planets orbit around the sun by wearing headbands with a picture of the planet. With a child in the middle as the sun, then a child for each planet Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune. They will stand on their circles (spray painted on the ground) and orbit around the "sun"</p> 	<p>Take the family outside, even include your extended family if you need to, and recreate your own solar system, helping your child to name off the planets in order.</p>
<p><b>I. Physical Development A. HEALTH AND WELLBEING</b> d. Feeding and Nutrition 1. Responds to feeding or feeds self with increasing efficiency and demonstrates increasing interest in eating habits and making food choices Benchmark b. Begins to recognize nutritious food choices and healthy eating habits</p>	<p><b>Marshmallow and pretzel constellations</b>- At afternoon snack the children will be given pictures of constellations, marshmallows, and pretzels. They will be asked to recreate the constellations using the marshmallows and pretzels and the pictures as guides.</p> 	<p>Take your child and family outside this week on a cloudless night and point out the different constellations. On April 21-22 the Lyrids meteor shower can be seen, it would be another great opportunity to take your child outside to try and catch a glimpse of a shooting star.</p>
<p><b>I. Physical Development B. MOTOR DEVELOPMENT</b> a. Gross Motor Development 1. Demonstrates use of large muscles for movement, position, strength and coordination Benchmark a. Begins to balance, such as on one leg or a beam, for short periods Benchmark b. Begins to perform some skills, such as jumping for height and hopping</p>	<p><b>Astronaut Training Obstacle Course</b>- During morning outside time the children will do an obstacle course starting with crawling through a tunnel, lift a moon rock (inflatable ball), toe touches, line hops (hop side to side of a stretched out jump rope) balance beam, jumping jacks.</p>	<p>Create your own Astronaut training course with your family in the back yard.</p> 