




Standard	Activity	Home Extension
<p>I. Physical Development B. MOTOR DEVELOPMENT c. Fine Motor Development Benchmark a. Uses hand-eye coordination to manipulate objects and materials (e.g., completing large-piece puzzles or threading beads with large holes, begins to use scissors)</p>	<p>How to Wrap a Present- The children will be learning step by step how to wrap presents.</p> 	<p>You can supply empty boxes, old newspaper or tissue paper to help them practice and then let your child help to wrap presents at home for other family members.</p>
<p>I. Physical Development A. HEALTH AND WELLBEING a. Active Physical Play 1. Engages in physical activities with increasing balance, coordination, endurance and intensity Benchmark a. Engages in active games or outdoor play and other forms of physical activity for sustained periods of time (e.g., dancing in circle time) B. MOTOR DEVELOPMENT a. Gross Motor Development 1. Demonstrates use of large muscles for movement, position, strength and coordination Benchmark c. Engages in physical activity that requires strength and stamina for brief periods</p>	<p>Reindeer Boot Camp – We will be balancing up on the rooftop (balance beam), weaving in and out of Christmas trees (cones), leaping like reindeer and pulling a sled (wagon)!</p> 	<p>Take the family into the backyard play some Christmas music and create your own Christmas theme obstacle course, while enjoying some hot cocoa and s'mores! Use side walk chalk or masking tape in place of a balance beam, use Christmas ornaments or other items around the house to weave in and out of, the possibilities are endless!</p>
<p>IV. Language and Understanding A. LISTENING AND UNDERSTANDING 1. Demonstrates understanding when listening Benchmark a. Engages in multiple back-and-forth communicative interactions with adults and peers in purposeful and novel situations to reach a goal Benchmark b. Shows understanding by answering factual questions and responding appropriately to what is said 2. Increases knowledge through listening Benchmark a. Tells the main idea or topic of a conversation, story, informational text or creative play, and makes a connection Benchmark b. Observes simple aspects of child's world and responds and reacts</p>	<p>Grinch's Heart Grow Balloon- We will be reading "How the Grinch Stole Christmas" then hold a class discussion about how Christmas is about more than just the presents, followed by an experiment to watch the Grinch's Heart Grow. A green balloon with a red heart (with baking soda inside) will be placed over a bottle with vinegar, which will cause the balloon to grow.</p>	<p>At dinner this week hold a family discussion about what Christmas means to each family member.</p>  <p>Christmas Science Grow the Grinch's Heart creativefamilyfun.net</p>

