**Take a Peek at Our Week**

**Tiffany Green ~ Ones ~ Creating Our Community Week of August 2, 2021**

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| **Standards** | **Activities** | **Home Extension** |

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| **I Physical Development**  ***A. HEALTH AND WELLBEING***  *Active Physical Play*  Engages in physical activities with increasing balance, coordination, endurance and intensity. (Toddlers learn to push before they learn to pull.)  **VIII Creative Expression Through the Arts**  ***C. CREATIVE MOVEMENT***  Uses movement to express feelings and/or communicate an idea | Practice pushing wheeled toys for short distance to strengthen leg muscles while engaging in gross motor skills.  Placing toys in the bin. Bean bag toss  Gross motor Tai Chi Movements:  (moves are intended to be slow and incorporate cross body movements)  The Cranes Wings  Pushing the Wave | Practice letting them push the laundry bucket to laundry room for you.  Any task that your child is being given, just showing the child and allowing them to follow through, even with assistance will aid them in understanding through listening and following simple directions given. Nothing too lengthy. One or two step directions will do. Something that your child can easily accomplish. Accomplishing this easy task, will allow them to gain confidence through their actions. Repetition is best. In our classroom, we are practicing placing our shoes on the shelf after our outside play.  <https://youtu.be/lZL4GksXrOg> Is a free link to navigate to so that kids can enjoy some Tai Chi with you. Bonus points if you learn some new moves we haven’t covered yet! 😊 |