## Welcome to the Terrific Toddler Room!

Hello, my name is Gabby McCarthy and I will be the new teacher this year for the two year old classroom! I am so excited to be able to assist your child in growing and learning in some of their most critical years. I live here in Dade City with my husband, son, and many animals! (2 dogs, 1 cat, and 6 chickens!) I have been working with children for 10 years now and this is a passion of mine. I am so blessed to be able to work alongside you to help your child become who they were created to be!

During this next year, we are going to be learning how to express, identify, and respond to a range of emotions. Communication and using words to tell us how they are feeling or what they want will be a focus of this year. We will also be working on our classroom routines and getting used to sitting on a toilet and the idea of potty training. And we will be using our imagination and discussing this through open ended questions and so much more! Every week you will receive what we call a "weekly peak". This will give you a peak into what we will be learning, activities associated with them and an at home extension for you to reinforce at home.

If you are not already signed up on the remind app that is a great tool that we use here at Sacred Heart to stay connected with you all and make sure that we are keeping you up to date with all information. This is a great way for you to reach out if you have any concerns or questions about your child.

## Things you need to know:

- We are a nut-free school. Wow Butter and SunButter are good alternatives to peanut butter.
- Lunch boxes are stored on a shelf, so please provide an ice pack.
- We are not allowed to heat food, so please send food in a thermos.
- DCF requires that grapes and large blueberries be cut in quarters. Hotdogs are to be cut lengthwise and then sliced into quarters for your child. These requirements are for any child under the age of four.

## Things that you will need for our class:

- 1' inch thick mat.
- Mat cover (long pillow case or crib sheet)
- Blanket
- 2 full changes of clothes (Shirt, pants, socks these will be kept in your child's labeled cubby)
- Diapers/pull ups (please label these)
- Wipes
- Lunch Box (Please label) Also include AM snack, lunch and PM snack.

\*\*\*We highly encourage healthy food especially for morning and lunch time. Fruit, veggies, cheese, yogurt, applesauce, etc. (We do not allow candy and sugary foods such as gummies, cookies, and juice are not given until afternoon snack. This makes it easier for children to fall asleep.)

• We encourage children at this age to start using a cup instead of a sippy cup. They will have access to water at all times. But if you do send a sippy cup, please send a "trainer cup" like the one pictured below.



• Please do not send pacifiers.

Again, I am looking forward to meeting you all and please reach out if there is anything else you would like to know or stop by the blue room to meet me!

Sincerely,

Mrs. Gabby McCarthy