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**Peek at Our Week**

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| **Standard Focus** | **Activity** | **Home Extension Activity** |
| Recognizes characteristics of self as an individual  Recognizes the ways self is similar to and different from peers and others | Wildflowers  Look at pictures of wildflowers. How can wildflowers be different? By their color, smell, or size? Have children stand and look at each other. We are all different! | You can join your child in doing this activity. Invite your child to sit in front of you, ask them to describe the similarities and differences between the both of you. |
| Expresses, identifies and responds to a range of emotions  Identifies complex emotions in a book, picture or on a person’s face (e.g., frustrated, confused) | Emotion Matching Game  The children will be given cards with different emotions, when asked for an emotion, they will pick up and show their card with the emotion. | Read your child's favorite book and ask them to identify what the characters in the book are feeling. |
| - Engages in active games or outdoor play and other forms of physical activity for sustained periods of time (e.g., dancing in circle time) | Hokey Pokey | Join your child in doing the hokey pokey. Or try any other action song to get your child up and moving. |

Parent Resources

Here Is a website with many different action songs.

<https://www.songsforteaching.com/movement.htm>