

**Peek at Our Week**

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| **Standard Focus** | **Activity** | **Home Extension Activity** |
| * Uses words to describe objects in a familiar space

**A. LISTENING AND UNDERSTANDING**3. Follows directions Benchmark a.Follows multi-step directions with reminders* B. MOTOR DEVELOPMENT

a. Gross Motor Development | Painting with ice that has glitter in it. | An activity you could do with your child is using an ice tray, fill it up with water and add some food coloring or water-based paint, mix It together and freeze it. Describe an object to your child such as a snowflake or a donkey and have them try and paint it. (I recommend doing this activity outside or putting a baking sheet under the paper)  |
| * . MANAGING EMOTIONS

1. Demonstrates ability to self-regulateC. PHYSICAL SCIENCEBenchmark a.* Begins to explore a greater variety of motions with objects (e.g., rotate, spin, twist)
 | Painting Mary \*place a picture of Mary on wall and have children try and paint her. | this is a great art project to do with your child that has benefits of them using their fine motor skills. For this project you have your child paint a plate, you staple the plate together to make a cone and have your child glue decorations onto it.  |
| * HEALTH AND WELLBEING

d. Feeding and Nutrition1. Responds to feeding or feeds self with increasing efficiency and demonstrates increasing interest in eating habits and making food choicesBenchmark a.Feeds self a wide variety of foods using developmentally appropriate basic utensils | Santa Graham Cookies | Recipe | Easy christmas cookie recipes, Cookies  recipes christmas, Cookie recipes for kidsCooking activity - make Santa graham cracker cookies.  | Cooking is a great activity to do with your child that helps them practice math concepts and language skills. An easy thing that young children can make is Mac & Cheese.  |

Parent Resources: A great book to read with your child is “What is Christmas?” this book can be purchased from Target.