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| **Standard Focus** | **Activity** | **Home Extension Activity** |
| *E. CONVERSATION 1. Uses verbal and nonverbal communication and language to express needs and feelings, share experiences and resolve problems Benchmark a. Engages in conversations using words, signs, two- or three-word phrases, or simple sentences to initiate, continue or extend conversations with others* | Sensory- Water bin add fish, lily pads frogs  Add food coloring to the water ask:  What happened to the Water?  What happens if we add another color? | This is a fun and easy sensory play activity that you can do at the table, in a bin outside.  Add food coloring to water a little at a time and discuss the changes that you observe. |
| *I. Physical Development a. Active Physical Play 1. Engages in physical activities with increasing balance, coordination, endurance and intensity*  *Benchmark a. Engages in active physical play for short periods of time*  *II. Approaches to Learning*  *A. EAGERNESS AND CURIOSITY*  *1. Shows increased eagerness and curiosity as a learner* | Pipe Cleaner Fishing Game | Pipe cleaner fishing game  You can repeat this activity at home. Make fish out of pipe cleaners and leave one long with just a hook on the end. Float the fish in water and use the hook to pick them up.  This activity increases eye hand coordination and fine motor skills. |
| *VIII. Creative Expression Through the Arts A. SENSORY ART EXPERIENCE 1. Uses imagination and creativity to express self through open-ended, diverse and process-oriented art experiences with intention* | Painting Fish with Broccoli Use a variety of items and colors to paint mural pieces: bubble wrap, plastic wrap, tree bark, fingers, cut carrots, broccoli stems from back of “Scoot” story. | You can repeat this activity at home by painting with a variety of items found around your home. Be creative and let your child help you pick items. |

Parent Resources: Feed the Rainbow - <https://www.feedinglittles.com/blog/offer-the-rainbow>

Follow this link to find great nutritional information.