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| **Standard Focus** | **Activity** | **Home Extension Activity** |
| *I. Physical Development*  *a. Active Physical Play*  *1. Engages in physical activities with increasing balance, coordination, endurance and intensity*  *Benchmark a. Engages in active physical play for short periods of time* | Fine Motor – practice pincher grip by picking up green pipe cleaner “Caterpillars”, “frogs” and yellow “ducks” with clothes pins (various size green and yellow puff balls) place frogs on lily pads and ducks into nest in big to small order. | You can repeat this activity at home by allowing your child to use clothes pins to pick up items around your house. Make it challenging by only using green items. |
| *IV. Language and Literacy*  *C. VOCABULARY*  *1. Shows an understanding of words and their meanings (receptive)*  *Benchmark a. Responds appropriately to almost all adult speech including requests involving multiple steps* | Music and Movement: “Hop like a frog, wiggle like a worm” at the Pond Animals movement dance. | This is a great spontaneous game that can be played anywhere. You can change out the animals and the movements as you go through the game. Expect lots of giggles as you place. You can extend the activity by adding animal sounds along with the movement. Try to incorporate different words for movements such hop, wiggle, squirm, etc. |
| *VII. Social Studies*  *D. SPACES, PLACES AND ENVIRONMENTS*  *3. Recognizes basic physical characteristics (e.g., landmarks or land features)* | Pond landmarks matching game: Lily pads, trees, cattails, meadow lane, and rocks.  We will make a landmark map of the playground then go on a landmark hunt together. | While out on walks around your home with your child point out landmarks such as trees, fences, mailboxes, plants, and other landmarks. Later make a map of the yard with your child and then go on landmark quest and see how many you find together. |

Parent Resources: Feed the Rainbow - <https://www.feedinglittles.com/blog/offer-the-rainbow>

Follow this link to find great nutritional information.