

**Peek at Our Week**

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| **Standard Focus** | **Activity** | **Home Extension Activity** |
| **I. Physical Development****A. HEALTH AND WELLBEING**Active Physical PlayEngages in physical activities with increasing balance, coordination, endurance and intensity**B. MOTOR DEVELOPMENT**Gross Motor Development1. Demonstrates use of large muscles for movement, position, strength and coordinationBenchmark a.Gains control of a variety of postures and movements including stooping, going from sitting to standing, running and jumping | **“The Chicken Dance”**We will be dancing with the kids outside and teaching them the chicken dance! | Dancing with your child is a great way to exercise and have fun with your child.This is the link for the video: https://youtu.be/4xmV5uHWNag |
| c. Fine Motor Development1. Demonstrates increasing precision, strength, coordination and efficiency when using hand muscles for play and functional tasksBenchmark a.Coordinates the use of hands and fingers | **Lacing with lacing cards**Children will be given a lacing card with a picture of a farm animal. They will follow the pattern around the card by lacing the string in each hole until pattern is completed. | Practice lacing at home with your child. Take the laces out of a pair of shoes and teach your child how to lace.  |
| **Math:** Children will be able to count and identify number sequence from one to ten. They will be able to recognize and name typical shapes and colors*.*  | The children will be using corn kernels to sequence counting from 1-10, using the above posted game. | Using the attached sheet, you can count with your children. You may use stickers, beans, or unpopped popcorn kernels to place on each number. |