## SACRED HEART EARLY CHILDHOOD CENTER

February 2020

#### Sacred Heart Early Childhood Center

32245 St. Joe road Dade City, FL 33525 352-588-4060 Fax: 352-588-4871

Lucinda O'Quinn, Director director@sacredheartecc.com

Susan Roberts, Office Manager office@sacredheartecc.com

Tracey Roberts, Business Manager business@sacredheartecc.com

Children are our Ministry



# Sacred Heart Catholic Church

**Mass Times** 

32145 St Joe Road, St. Joseph (Dade City), Florida

Tel: 352.588.3641 Fax: 352.588.5299

Email:

office@sacredheartdadecity.org

Daily Mass: 7:30am

Sat. Vigil: 4pm

Sunday Mass:

8am & 10:30am

https://

www.sacredheartdadecityfl.org/









29th



### Sacred Heart Early Childhood Center Family Circle

January 30, 2020

Dear Families,

Please join us. Sacred Heart Early Childhood Center will host a meeting for all parents and families that would like to be more involved here at Sacred Heart Early Childhood Center.

The goal of the Family Circle group is to build a strong relationship and communication between Families, Teachers and Children. We wish to use the time to share fellowship and to be able to offer parents in the future guest speakers on the topics of parenting, pro-social and emotional well-being and developmental milestones. In addition, we would like to improve communication and build our parent involvement in daily center activities and special events throughout the year.

Future meetings, events and topics for discussion will be decided at the first meeting.

The first meeting is scheduled February 20, 2020 at 6:15 pm in the Before & After School Building. This will be a potluck dinner meeting! Everyone please bring your favorite dish to share.

Please RSVP by Friday, Feb 14, 2020 if you are able to attend.

Thank you,
SHECC Staff and Teachers

# Sacred Heart Fabulous Lenten Fish Fry

February 28, 2020

March 13, 2020

March 27, 2020

5:15 pm-7:30 pm

Adults \$10 | \*Children \$5

Dinner includes Fried Fish, Hushpuppies, Baked Beans, Coleslaw, Cheese Grits OR Mac & Cheese and a Beverage

Please Join Us for a Fabulous Dinner and Fellowship

# Fish Fry Sponsorship

#### **Fabulous Lenten Fish Fry Sponsor Board**

If you can't help at our FISH FRY'S, please lend your support by sponsoring an ingredient or supply item! You may choose to sponsor ingredients for more than one Fish Fry Date.

2020 Fish Fry Dates: February 28, March 13 and March 27

#### Sponsorship Levels

\$50.00 sponsors	\$25.00 sponsors	\$10.00 sponsors	\$5.00 sponsors
Propane	10 lbs of Fish	Velveeta Cheese	Flour
	Plates	Whole Onions	Grits
	Take Out Containers	Lemons	Milk
	Paper Towels	Baked Beans	Mayonnaise
	Aluminum Foil	Macaroni	Butter
	Large Trash Bags	Pepper	Coleslaw
	25 lb. bag of Flour	Garlic	Apple Cider Vinegar
	25 lb. Bag of Cornmeal	Brown Sugar	Sugar
		Worcestershire Sauce	Tea
		Eggs	Salt
	San San	Table Cover	Table Cover
	1,100	Lemonade	Creamer
		Plastic Ware	Food Service Gloves
		Relish	Artificial Sweeteners
	1///	Coffee	Gallon Ketchup
	YUNV	Gallon Ziploc Bags	Table Ketchup
		Aluminum Baking Pans	
		Dry Onions	

2020 Fish Fry Sponsorship	February 28	March 13 March 27	Please return coupon with donation	
Name			Sponsorship amount \$	
Address				
Phone		Email		
Thank you for your support!				

#### Thank you, Kumquat Volunteers!!

Thank You to our volunteers that helped make our Kumquat Festival Pie Booth a Great success! You have blessed us with your generosity. We could not do it without you....

Frank & Andrea Gude, Greg & Fanchone Gude, Susan & Craig Roberts, Linda Blommel, Jesse & Linda O'Berry, Deb Gude, Steve & Linda Bushey, Jean Hink, Tracey Roberts, Rita Gordon, Richard Stone, Zoey Bordwell, Tristan Khalis, Matt Munz, Matt Kohan, Idamaria Marchitelli, Sally Wilson, Debbie Rosencrance, Victoria Watkins, Barbara Rinaldi, Shelly Dam, Melissa Flynn, Sandy Plunkett and Jenn & Maddie Sarne





# May 16th SAVE THE DATE

Come Celebrate With Us

VPK GRADUATION
& 35TH ANNIVERSARY POTLUCK PICNIC

10:00 am—VPK Graduation Commencement & Ceremony Sacred Heart Parish Church

followed by our 35th Anniversary Year Potluck Picnic for all Current and Former Families, Children and Staff of Sacred Heart Early Childhood Center

11:00 am—2:00 pm—35th Anniversary Potluck Picnic Sacred Heart Early Childhood Center

Slides and Games will be available for the Children

PLEASE BRING A DISH TO SHARE
LAWN CHAIRS ARE RECOMMENDED



#### St. Brigid of Ireland

Patroness of Ireland and Learning Feast Day February 1st 453—525 (age 72)

St. Brigid established the first convent in Ireland in 468 and went on to establish many over the whole of Ireland and was the Mother Abbess to 13000 nuns. She established schools and encourage everyone to learn regardless of station in life.

Patronage: babies; blacksmiths; boatmen; brewers; cattle; chicken farmers; children whose parents are not married; children with abusive fathers; children born into abusive unions; Clan Douglas; dairymaids; dairy workers; Florida; fugitives; infants; Ireland; Leinster, mariners; midwives; milk maids; nuns; poets; poor; poultry farmers; poultry raisers; printing presses; sailors; scholars; travelers; watermen



Lent is a time of self-reflection, growth in faith and preparation for the coming of Jesus and His resurrection at Easter. We encourage the children "TO DO" something extra during this time of year. Become friends with a new playmate, help mommy and daddy around the house, do nice things for their siblings. We also talk to the children about praying. What is praying? How do we pray? What do we pray for? When is a good time to Pray? God wants us to share our thought and feelings with Him, He wants to help us with our problems, and He wants to rejoice with us when we conquer our fears and obstacles. It is important to make God part of all the moments of our life!

Sacred Heart Catholic Church will have Stations of the Cross on Fridays at 6:00 pm during Lent. All are welcome to attend. Please see the Church Website for Holy Week and Easter Mass Times

#### **Infants**

We have had a few cold days in January. We hope February is a little warmer. We want to thank all the parents who participated in our Kumquat Festival and our Catholic School Week activities.

We would like to welcome Arya to our room, one more to love on. She is so sweet.

We hope to get outdoors more this month, so please dress your child for the weather. The babies are working on tummy time and reaching for



things and learning to roll over. The older babies are working on picking up food and cups to get prepared when they move up. They enjoy exploring and love to clean off the shelves.

This month our theme will be hearts and red for Valentines. We will hang a bag for each child, so feel free to drop a card in if you like. We know they don't understand ,but it's just fun to do. We will be making a special Valentine for Mom's and Dad's

Thank you for the wipes you donate each month, it is greatly appreciated. Feel free to ask any questions you may have. We are always here for you.

Mrs. Linda Ms. Jen Ms. Maryanne Mrs. Amanda

#### Wonderful Ones

February is the month of love and our chance to show kindness to our friends. We will be working on sharing and waiting our turn to play with a toy, or waiting our turn to go down the slide, and helping a friend who is hurt by giving them a hug.

We will be making a Kindness Pot of Gold by using their handprints to make the rainbow and having everyone paint a gold coin with yellow paint. Everyone will also be working on special Valentine art work. I will be cutting out hearts for the children to use red and pink stamps to fill their hearts with. To express how we love each other we will be making berry paintings with the children's fingers using purple paint and it is supposed to say Love You Berry Much. The children will make a tree with their hands and adding pink and purple hearts with their fingers. Everyone will be making a Valentine's

We have twelve children in our classroom and if you would like to bring in Valentine's Day cards or treats we will be making everyone a bag for the special day. I will also put out a sign up sheet for the things we would like for our Val-

entine's party. The party will be held in the afternoon and it will be mainly held for the children but if you are interested in coming to the party then I will let everyone know what time we will be having the party.

Special Thank You goes to Henry's parents for the donations of wipes and glue for our classroom. We appreciate it very much!! Thank you to everyone that has brought in snacks for the month.

Ms. Katie

Ms. Katelyn

Ms. Amanda

### **REMINDER**

Please remember that all children should arrive at the center by 9:30 am.

Important Learning Activities are happening by this time at Circle Time, Center Time and Outdoor Learning Experiences!

# amazonsmile

You shop. Amazon gives.

We appreciate our families. The greatest compliment we can receive is your positive review or the referral of your family and friends.

Support us when you shop by using our link smile.amazon.com/ch/59-3208782.

# Terrific Two's February News

January is gone already and what a busy month it was! Thank you to everyone that helped with making kumquat pies and working hard to sell them at the festival. We sold all 734 pies and we couldn't have done it with out you. Coming up

this month and next we will be looking for help with our annual Lenten fish frys. The sign-up sheet will be posted on Ms.

Susie's office door for volunteers to sign up.





This month we will be learning about the colors red, pink, and purple and talking about God's love for us and how to show love to each other. We will have some new friends joining us from the blue room so we will also be learning about kindness and how to make new friends feel welcome. we will also begin

learning our shapes this month.

We will be having a valentine's day party and exchanging valentines with each other on the 14th. Our party will start at 3:30 so feel free to join us. I will put a list of names in each child's folder or you can just bring 12 valentine's cards or toddler friendly treats with your child's name on them and we will put one in each child's bag. I will also post a sign-up sheet for spacks for that week

one in each child's bag. I will also post a sign-up sheet for snacks for that week. Feel free to bring them earlier in the week so we can have special valentine's snacks all week long.



We are all doing so well with potty training! Congratulations to Penelope for joining the big girl panty club! I can't wait to see who joins the club next. We currently have everyone sitting on the potty every time we change diapers. I would like to ask that we please consider ways to make potty use easier such as not wearing onesies or tight-fitting clothing that is difficult for the children to pull up and down on their own. Also,

when the decision is made for your child to join the big kid pants club please make sure to send an over abundance of spare clothes including socks. when we have accidents it usually gets in our shoes too so crocs are awesome for potty training but if you don't have crocs any kind of spare shoes will work.



Move up day is creeping up on us very quickly! There are some things that we are going to start working on in class to prepare the children for the next room. The most important thing is potty training success. The next two are eliminating sippy cups and pacifiers. They will not be able to use them in the next room so to make the transition easier we are going to start working on giving them up now. We will also start having the children get and open their own lunch boxes at

lunch time and begin to teach them how to choose their growing foods first and then their snack foods. If you have any questions or concerns about move up day please feel free to ask myself or Ms. Cindie.

We hope your year is off to a great start and look forward to another fun filled month of learning with your children.

Ms. Jennifer

Ms. Sandy

Ms. Nicole

February Dates to Remember:

14<sup>th</sup> Valentines Day

17th SHECC closed for President's Day

21st Community Helper Dress Up Day

26th Ash Wednesday—Wear Purple

28<sup>th</sup> First Fish Fry

#### Preschool 1A

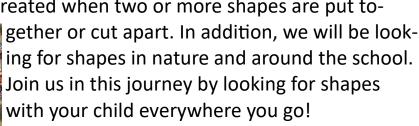
We are having so much fun exploring colors!



Our "Eat the Rainbow Party" is *Friday Feb* 14<sup>th</sup> at 3:30pm. Remember one member of your family is invited to attend.

**Valentine's Day** is fast approaching. We will be celebrating during circle time, the morning of Friday February 14<sup>th</sup>. Please send in a card for each child in our class. There are currently 17 children enrolled in our class. <u>Please **DO NOT** put the "To" name on the card</u>. Leaving it blank will make it easier for your child to pass out the cards.

Our **Shape Unit** will begin on February 18<sup>th</sup> and go for 5 weeks. We will be exploring many shapes while focusing on Circle, Oval, Square, Rectangle and Triangle. The children will learn about how many sides and points each shape has. They will discover that new shapes are created when two or more shapes are put to-





On March 20<sup>th</sup> at 3:30pm. We will celebrate the end of our Shape Unit by having a having a **Shape Treasure Hunt** on the playground. One member of your family is invited to attend.

Please remember to check your child's basket frequently to ensure that they have a complete set of clothing in case of an accident or simply getting their shirt wet playing in the water bin. If your child has out grown some of their clothes, please consider donating any 2T, 3T or 4T *elastic* waist pants/shorts, underwear and socks to our class as extras.

#### Pre School IB

As February is coming upon us, we are finishing up learning about colors. The children have really enjoyed learning about the different colors that god made and learning that colors can mix together to make another color.

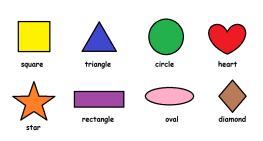
During our circle time on February 14<sup>th</sup> we will be having our valentines day party. We currently have 14 children in our class. If you are planning to bring valentine cards please leave the "To" part blank and fill your child's name in at the "From" part . during circle time your child will take turns placing their card into the other children's bag.

This Photo by Unknown

During the month of February, the children will be learning about shapes and how we see them anywhere we look. Each week our focus will be learning about a different shape and where we can find them around us. We will also have a "Find the shape party" at the end of the month encouraging you to come have a snack with your child and go outside to the playground to find the shapes they have been learning about.

We will be focusing on a different shape each week.

February 18<sup>th</sup> – 21<sup>st</sup> circle February 24<sup>th</sup> – 28<sup>th</sup> oval March 2<sup>nd</sup> – 6<sup>th</sup> square March 9<sup>th</sup> – 13<sup>th</sup> rectangle March  $16^{th} - 20^{th}$  triangle



#### **Important Dates**

February 14<sup>th</sup> Valentine's day, individual valentines day celebration February 21<sup>st</sup> Community Helper Dress Up Day February 26<sup>th</sup> Ash Wednesday, dress in your purple attire February 28<sup>th</sup> Fish Fry

Days school will be closed

February 17<sup>th</sup> Presidents Day





Ms. Victoria Ms. Jess Mrs. Barbara



#### Notes from Cindie...

#### Communication is not just for adults.

Let me tell you about this picture. One of the children was playing alone building a fort out of sticks, leaves, rocks and sand. A second child knocked down the fort. I used the moment to teach appropriate social skills about making mistakes and making amends. I discussed with the two children about how each of them were feeling when the fort was knocked down. The first child said he was sad that the fort was broken. The second child said he was excited when he saw the fort and wanted to play with the first child.

We discussed and role played how to "ask to play" and how to invite a friend to play with us.

It is important as adults to realize that sometimes children do things when they are experiencing strong emotions that may look like a different behavior. The second child wanted to play with the first but could not at that moment ask appropriately. When talking to your children about behavior it is vital that we teach the "way" to behave. It is more than just saying "be good today". We must, as adults, teach the children what that "looks" like. Role play with your children how to ask to play, how to ask to borrow something. We must give them the words at first. Children do not inherently know what to say to one another they must be taught what to say. We say to children, "Say Please", "Say Thank you", "Say You're Welcome" WE should also teach them to say, "May I play with you", "Would you like to play with me?"

It is also important to teach them how to accept when someone tells them "no". A child may ask to play with a toy and is refused by the other child. Then what? Teach them to accept that they may have to wait a turn and to ask the other child to let them have the toy when they are finished, and teach your child to know how to say, "May I have it when you are finished? " and "I will give it to you when I am finished", if they are asked by another child to play with something they are playing with.

The story of the picture goes on... after the two children began to rebuild the fort, a third child arrived to join in. The first child that had been building the fort looked at the arriving children and said "do you want to build a fort with us?" The arriving child agreed and they began to build, adding sticks, small pebbles, and leaves to the structure. Then a fourth child ran up and shouted, "I want to play"! The first three children quickly scrambled to cover the fort with their bodies so it would not get knocked over again. They all shouted "NO!, Don't knock it over!" The child that had arrived stopped and yelled, "but, I want to play here too!" the second child that had originally knocked over the fort stood up and said to the new child, "You have to ask nicely, that is how you ask to play!" The fourth child looked at the group, waited a few moments and said, "can I play?" and the other three children said, "Yes" and began telling the child what they were doing to complete the fort.

A bit later, a fifth child walked up to the group and watched quietly. Again, the second child that had knocked down the fort noticed the child. After a few moments he got up and went to the child that was watching and said, "do you want to play with us?' the fifth child nodded yes and joined in the play. The first child began

explaining to the last child what they were doing and where they were getting the building items from and their play continued for another 15 minutes before they announced as a group to me that it was complete and I should come and take a picture of the fort.

It is not always the case that a redirection and role play exercise turns outs as amazing as this day did. Sometimes it does not seem to matter at all what we have said. However, the children *ARE* listening to what we say and watching what we do everyday. We have been role playing these situations and talking with the children about what they can say since the first day of school. It is important to keep practicing these skills with children everyday.

Repetition and practice are important for baseball, piano, math skills, reading, spelling and anything else we want our children to be successful at. Communication takes just as much practice and repetition to create good social skills and the ability to communicate effectively with other children and adults. When children are able to communicate their needs and ideas they are more successful in social situations are able to build strong friendships and are more successful academically in school and later on as an adult.

Verbal skills beginning with the infants is paramount for deeper learning and understanding. Read to your children everyday, including newspapers, magazines, chapter books, science and math books. All are great things to read with your children. The greater the variety the more connections your child will make in understanding the world around them.

Communication requires two sides. Speaking and Listening. Talk with your children, not at them. Ask your children questions that require them to think of an answer, not just a yes or a no. Wait for them to formulate an answer and then listen as they explain their thoughts. Instilling good communication with your toddler and preschool children will lead to long-term, deeper conversations with your elementary age and high school student later on.

To learn more about Communication skills in young children visit the following links for more information and parent resources.

Center on The Social and Emotional Foundations for Early Learning

http://www.csefel.uiuc.edu

Zero to Three

https://www.zerotothree.org/resources/302-how-to-support-your-child-s-communication-skills

Please plan to attend our *Sacred Heart Family Circle Meeting* on *February 20, 2020*. Please see the Flyer fin the newsletter and your child's folder or additional information.

#### PreSchool II

#### Welcome to February!

January has come and gone. What a busy month it was! Thank you to everyone who helped at the kumquat festival, making and selling the pies. We couldn't have done without you! In addition, thank you to everyone who donated snack to our classroom this past month. The children enjoyed the wide variety!

This month we will be focusing on feelings. This includes working on how to express our feelings and learning our feelings are temporary. In addition we will be working on the children's social-emotional skills. For example, how to accept when their friends say "No". As well as learning how to enter a group and play nicely with

their friends.

While learning about our feelings, we will also be focusing on our sense of touch. For example, when you're feeling angry, it might feel rough like sandpaper. Or when you're feeling peaceful, it might feel soft and fluffy like cotton balls. In addi-

tion we will be painting with different colors, red to express anger, pink to express happiness, etc.

Our Class will have a Valentine's Day Party on Friday February 14th at 3:30 pm.

#### **Important Dates To Remember**

February 14<sup>th</sup> Classroom Valentine's Day Party

February 17<sup>th</sup> SHECC CLOSED (President's Day))

February 21st Community Helper Dress Up Day

February 26th Ash Wednesday

February 28th Fabulous Lenten Fish Fry

Miss Eloisa Miss Natalie Miss Angie

#### VPK





Welcome February! We will start our month with the unit on community helpers. We will be learning about all the different types of jobs Workers & Helpers that make our community work. We will be doing community helpers activities, art, and reading many stories about community helpers. We will be discussing the post office and postal workers, Doctors, the dentist. The children will be making a chart on healthy foods, sorting out food labels. We will be discussing different tools used by different

professions such as, a carpenter, a mechanic, a dentist and a hair stylist. If you would like to come and share any information about your job, we would love to have you as our guest. Please let me know so I can schedule you in for the children.

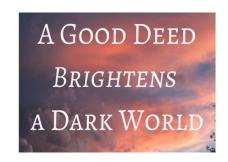
On February 14,2020, our class will have our Valentine party and card exchange. We will be discussing what Jesus means when he say's to love one another. We will have a signup sheep for the Valentines party. If you would like to donate candy, please remember we are a peanut free center.



#### Important dates:

Ash Wednesday is on February 26, 2020. This is the first day

of Lent. During Lent we as Christians are called to renew ourselves and to work extra hard at being the best that we can be by doing good works for others, praying and trying to do what is right at home and school.



February 21, 2020. Community Helper Dress Up Day.

February 28, 2020. Wear Purple. Purple is worn during the Advent and Lent season. Purple reflects sorrow and suffering. Sorrow as the faithful await the arrival of the savior and suffering to mark Jesus Christ's 40 days in the desert. (Lent)

February 28, 2020. This is our first Lenten Fish Fry. Please come out to the church and enjoy the Fish and support you favorite Early Childhood Education center. I know the foods is good and the Cole slaw is worth being in line for.



Matthew 5:44-45. "But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven"

Love in Jesus, Ms. Ida, Ms. Cindie, Sr. Donna

#### **VPK II**

The month of January is over, and we had a great time talking about Winter and all that it entails. We discovered that it does not snow in Florida, but that we can make our own "snow" at our sensory table! We made snowflakes and icicles with beads. We made textured winter art using blues, whites, and silvers. We read many stories and talked endlessly about the many ways that animals survive in the winter months and the changes that we see in our environment.

In the month of February, we will continue writing, sounding out words, and talking about sight words and compound words. Our math lessons will include counting to 50, adding and subtracting, and sequencing.

#### A WORD ABOUT THIS MONTH'S THEME:

#### "Community Helpers"

Let's focus on those people in our community whose jobs help citizens in their everyday lives. Appreciation for these workers and volunteers,



**Helper Dress Up Day** 

should be given throughout the year. What is a Community Helper? Children are often introduced to community helpers with firefighters, police officers, mail carriers, doctors, and so on. That list expands each day. Don't forget to include librarians, paramedics, teachers, bus drivers, crossing guards, bakers, grocers, plumbers, and volunteers. Talk to your children about the importance of these workers in our lives. Cut out pictures and articles about community helpers so that your child may share with the class. Visit community helpers and ask them about their job. Also, please feel free to set up a time to speak to our class about your job.

Here are some activities we will do with your child:

Name all the tools a community helper needs to complete the job.

Draw pictures of community helpers at work.

Read stories about community helpers.

Ask questions like "what does he do?" "where does he work?"

Talk about what your children want to be when they grown up.

Children will pretend they are community helpers role-play in drama center.

Put on a play with community helper dolls or puppets.

#### **Important Dates**

Feb 17: SHECC CLOSED in Observance of President's Day

February 28: Lenten Fish Fry 5:15-7:30 Tickets (Please see Flyer in Newsletter)

Ms. Debbie Ms. Angle

#### Before and After School

Happy Valentine's Day! It is hard to believe we are in February already.



We will start our Lenten Season on Ash Wednesday, February 26th. Lent is a very important time in our Catholic faith. It is a time of self- reflection. The children will be able to choose of they want to give something up, help someone or implement a good habit for themselves during Lent.

February's Themes: Our World/Community

Valentine's Day/ Hearts
Ash Wednesday / Lent

Transportation/ Maps

The children will make Valentines crafts and create valentine themed sensory tubs. We have some interesting science experiments planned as well for the month. The children will discuss the different aspects of their community and families. We will make maps of our favorite places and learn how to read paper maps without digital GPS. We will learn about the importance of transportation and how it impacts every aspect of daily life.

On Friday, February 14th, we will have our Valentine's Day Ice Cream Social! We would like to celebrate with Strawberry, Vanilla and Chocolate ice cream, fresh strawberries, cherries and bananas and toppings! If you are able to donate to our party, please sign up in our classroom!



Sacred Heart ECC will be closed in honor of President's Day on Monday, February 17, 2020.



Ash Wednesday marks the beginning of Lent and our First of three Fabulous Lenten Fish Fry's on Friday February 28.

Dinner will be served form 5:15 pm -7:30pm. Dinner will include Fried Fish, hushpuppies, coleslaw, baked beans, cheese grits, Mac & Cheese and a Beverage.

Ticket prices: Adults 10.00 Children 5.00

Thank you to the parents that have donated snacks. The children enjoy the variety. Some of the favorites are pancakes, popcorn, granola bars, graham crackers, ham and cheese, cream cheese and crackers and fresh fruit. If you have not brought in your monthly snack donation, please do so as soon as possible.

Looking ahead....

Spring Break is March 16-23, 2020. We will have a week full of fun activities and games for the children that are attending.

Ms. Debbie Ms. Laura Ms. Heather